

Important information

It will be beneficial to print this out and place a copy in each of your endoscopy rooms during the audit period as an aide memoire.

Definition of bowel preparation

This has been adapted from the bowel preparation score used in the National Bowel Cancer Screening Program:

- **Excellent** – no or minimal solid stool and only clear fluid requiring suction
- **Adequate** – collections of semi-solid debris that are cleared with washing/suction
- **Poor** – solid or semi-solid debris that cannot be cleared adequately by washing/suction

Comfort Score Definitions

A nurse assessed comfort score utilising the Gloucester Scale which takes into account the frequency and duration of discomfort and any distress it might cause the patient.

- **Comfortable** – talking / comfortable throughout
- **Minimal** – 1 or 2 episodes of mild discomfort without distress
- **Mild** – more than 2 episodes of discomfort without distress
- **Moderate** – significant discomfort experienced several times with some distress
- **Severe** – frequent discomfort with significant distress